

Chipmunks Daycare Food table	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Milk Fruits	Muffin Banana	Cereal Yogurt	Wholewheat Bread with peanut butter	Bread jam Cereal
Lunch Snack	Boiled or scrambled eggs	Boiled potatoes	Boiled Veggies and cucumber	Yogurt Rice mixed with butter	Yogurt Pasta
Afternoon Snack	Cheese and crackers	Cookies and milk	Fruits Milk	Fruits Milk	Bread with cream cheese Milk

Please send food for the lunch as we provide a snack for the lunch

Milk- 2% cow milk

Fruits (grapes, berries, avocado ,apples, oranges ...etc)

Veggie (carrots, broccoli, pea, sweet potatoes)

Water is mandatory